



ANNUAL REPORT

FISCAL YEAR 2017

*Naturopathic Medicine is a regulated health profession in
Saskatchewan (The Naturopathy Act, 1978).*

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The greatest discovery of any generation is that human beings can alter their lives by altering the attitudes of their minds.

- **Albert Schweitzer**



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Minister of Health



SASKATCHEWAN

Legislative Building
Regina, Saskatchewan



A Message from the Honourable Jim Reiter Minister of Health

Naturopathic doctors are skilled health professionals who work tirelessly to provide care to Saskatchewan residents. We value your focus on health promotion, disease prevention, and patient-centred care.

The Ministry of Health continues to work closely with the Saskatchewan Association of Naturopathic Practitioners to update the legislation that governs self-regulation of naturopathic doctors.

In partnership with the SANP, we continue to work towards implementing updated legislation that will enable the SANP to better protect patients from harm and also give more treatment options to Saskatchewan residents.

Thank you for your professionalism and commitment to your patients. The important work you do for the people of Saskatchewan is recognized and appreciated.

A handwritten signature in blue ink, appearing to read 'Jim Reiter'.

*Jim Reiter
Minister of Health*

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Strategic Highlights

On January 21, 2017, your Council met in Regina to hold its annual face-to-face meeting. This was a terrific opportunity to revisit and review the rolling, five-year *Strategic Plan: The Way Forward*. The Council will continue review and update the 5-year Strategic Plan and the Annual Operations and Implementation Plan on an annual basis. Each year, with the helpful support of our Executive Director, we use this collaborative planning framework to set our goals and priorities, assess what we have accomplished, and make sure we understand what it takes to build on this momentum. Timelines were adjusted, accordingly, and a couple of new objectives were identified. We are extremely pleased with this methodical approach to setting our course!

OPERATING HIGHLIGHTS

- The Naturopathic Medicine Week campaign was another immense success, and we had proclamations declaring Naturopathic Medicine Week issued by the Minister of Health, as well as by City Councils in almost every city in Saskatchewan.
- The Annual General Meeting (AGM) was held in Saskatoon on April 30, 2017 at the Wanuskewin Heritage Park. Each year there is increased participation from the members with great energy in the room. Reviews of the AGM have been excellent, although the Council is always seeking continuous improvement. The Council members were confirmed in their respective roles, except for these changes: Laura Stark continued in the position of President; Stephanie Liebrecht accepted the position of Vice-President; and Evan McCarvill accepted a 1-year term as Treasurer as Jacqui Fleury stepped down from the position after a decade of service in the role. All Council members active in 2017 should be congratulated for their commitments of time and energy.
- With the support of our Executive Director, the Legislative Committee continued their detailed work on the regulatory bylaws and Standards of Practice to accompany our new legislation, *The Naturopathic Medicine Act*. These bylaws are critical to the proclamation and implementation of this legislation, which will not come into force until the regulatory bylaws have been approved by the Minister of Health. Extensive consultations continue with the Ministry of Health officials, and with key health profession stakeholders. Toby Bridgman and Amy Velichka continued their strong co-ordination efforts as the Legislative Committee co-chairs. The co-chairs have been gathering and distilling the shared experiences from those who have worked on implementing new naturopathic medicine regulatory bylaws for prescriptions, medical laboratory access, and invasive procedures...the three cornerstones of our new legislation
- The Living Skies Conference Committee continued to work diligently on developing a great inaugural conference open to naturopathic medical professionals from Canada and the United States. This took place at Lake Manitou on August 23-27, 2017, and the diversity of speakers, availability of continuing education credits, and relaxed location worked extremely well, and serves as a repeatable model for this kind of event every two years.

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PRESIDENT'S REPORT: "MOVING FORWARD!"

Message from the President

2017 was a big and busy year for the SANP!

As a board, we started the year at our two-day, in-person meeting in which we review our 5-year Strategic Plan and update our Operations and Implementation Plan. With our Executive Director, Ken Alecxe, leading us through this process we gain greater clarity and focus for our direction as well as a clear plan to lead us to our objectives as an organization. Dr. Jacqui Fleury ND, retired from the Council after serving a full decade as our Treasurer - Jacqui, we thank you for your dedication and excellence in service to our profession!

At this year's AGM we established a plan for the structure of the dual-purpose organization the SANP will continue to be as we transition into the CNDS (College of Naturopathic Doctors of Saskatchewan). We clarified our separate functions as the regulatory body for Naturopathic Medicine in Saskatchewan serving the public interest, and the membership association function serving to support the profession and our members. The CNDS will continue to serve both purposes as a single organization, but with greater transparency in the separation of function and financials.

The inaugural Healing Skies Conference held at Danceland in Manitou Beach was the first initiative of this more robust Membership Committee (more specifically the Conference sub-committee). The small, but mighty Conference Committee without any seed funding, pulled off a conference like no other. The remote location, the healing waters, the outstanding quality speakers, and the social events hosted by the incredible sponsors created an intimate get-away experience that supported our own personal development as NDs as much as it provided continuing education for our clinical practices. I think everyone who attended is hotly anticipating what the second iteration of Healing Skies 2019 will bring!

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In the background, the work of transitioning toward becoming the CNDS continued fervently throughout the year. The Legislative and Quality Assurance Committees slugged through the detailed work of creating the new Standards of Practice and Quality Assurance Program to support our new Regulatory Bylaws. On the administrative side, the Board has worked toward the creation of a new logo and website for the CNDS as well as obtaining registration software that will allow for greater efficiency in managing our growing membership.

The membership should be quite proud of the accomplishments of our board and committees to support the growth of Naturopathic Medicine in Saskatchewan this year and look forward to reap more benefits of their work in the near future as we anticipate our new legislation to finally soon come into force!

Yours in health,

Dr. Laura Stark, ND
President

- *People are beginning to realize that it is cheaper and more advantageous to prevent disease rather than to cure it. - [Henry Lindlahr](#) (1862 - 1924)*



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Registrar's Report

Message from the Registrar

2017 was another year of continued growth for the SANP. The SANP welcomed 3 new members to our association in 2017:

- Dr. Balwinder Badhan, ND (Regina)
- Dr. Joel Guillemain, ND (Moose Jaw)
- Dr. Craig Herrington, ND (Regina)

To the new members, the SANP Council welcomes you to Saskatchewan and we wish you much prosperity and fulfillment in your practices in Saskatchewan.

The end of 2017 marked the retirement of a long standing SANP member, Dr. Peter Gleisberg, ND, making the number of active SANP members at the end of 2017 a total of 40 – with 38 active members practicing in-province, and 2 active members practicing out-of-province and holding membership in Saskatchewan.

We have 5 new out-of-province pending members: 3 from New Brunswick, 1 from Ontario and another from Portland. There are 2 new candidates that are nearing completion of their SANP requirements as first-time NDs. It is anticipated that there will be 8 more members before we are halfway through 2018.

The Registrar 's Office is extremely hopeful that 2018 will be the year that we complete the transition to automated, online SANP Registration/Renewal, and that this will be implemented before 2019.

At the 2018 AGM, various Council positions will be up for nomination. These positions are: Treasurer, Secretary and Registrar. The Council is looking forward to having new involvement from our SANP members in these positions.

Thank you for your contributions to the practice of regulated naturopathic medicine in Saskatchewan in this past 2017 year, and may the remainder of 2018 be an excellent year for each of you!

Peace,

Dr. Vanessa DiCicco, ND

Registrar

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Operational Committees

Communications Committee

Purpose: To focus on developing SANP communications capacity and messaging for distribution to the public, members, and stakeholders.

Update: The Communications Committee can report on the following activities in 2017:

- Continued to provide updates to social media accounts. Facebook page has 288 likes.
- Quarterly newsletters sent out to SANP Members with updates from board, SANP committee updates and changes within the SANP
- Maintain SANP website with updates and changes.
- Communicated with Saskatchewan government and mayors to have Naturopathic Medicine Week declared in the Province of Saskatchewan and most major cities.
- Communicate information and updates from the SANP board to members

Chair: Megan Parker (Humboldt)

Members: Wendy Presant-Jahn (Regina), Joanne Dawe (Saskatoon), Willow Langille (Saskatoon)



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Conference Committee

Purpose: To organize and execute a biennial professional conference for naturopathic medicine in order to provide local Continuing Education opportunities to members and to raise money to support the membership committee and the SANP.

Update: The date for the 2019 conference is tentatively set for June 7-9 (Friday – Sunday). The location is TBD, but we are considering Saskatoon (downtown or Wanuskewin), Lumsden, Moose Jaw, and Manitou. We want to continue to focus the conference on the following principles:

- Honoring our elders
- Reconnecting with nature and our roots
- Innovations in naturopathic medicine
- Practical tools and resources

Committee Co- Chairs: Julie Zepp-Rutledge and Michelle Marcoux

Committee Members: Darlene Reid-Ahenakew, Kahlen Pihowich, Willow Langille, Lynn Chiasson, Jennifer Rumancik (student – BINM), Richelle Galay, Naomi Whelan, Evan McCarvill, Laura Stark, Wendy Davis, Katherine Cheah, Kathleen Fyffe

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Healing Skies Conference, Lake Manitou



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Membership Committee

Purpose: To focus on developing resources and promotional materials to encourage growth of the profession within Saskatchewan. SANP is a regulatory body for Naturopathic Doctors in the province with a focus on protecting the public. This membership committee will focus on supporting members to achieve healthy, thriving practices.

Update: The Membership Committee would like to report on the following activities:

The main activities for 2017 were:

1. Organization of sponsorship/CE opportunities for the SANP AGM May 1, 2017.
2. Organization of Naturopathic Medicine Week May 8 – 14, 2017 - 2 public screenings of the movie “That Sugar Film” on Thursday May 13. - 1 screening at the Broadway Theatre in Saskatoon and 1 screening at the University of Regina Education Auditorium in Regina.
3. Starting development of new member supports for the membership section of the SANP website that began reconstruction in 2017.
4. Support the development and execution of the highly successful, inaugural Saskatchewan naturopathic medicine conference – “Healing Skies Conference” at Danceland in Lake Manitou, August 17 - 20 2017.

Chair: Darlene Ahenakew

Members: Alana Barmby (Saskatoon), Willow Langille (Saskatoon), Michelle Marcoux (Saskatoon), Julie Zepp-Rutledge (Regina)



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Quality Management

Quality Assurance Committee (Examination/Continuing Education (CE)/Audit Committee devolved into the Quality Assurance Committee in 2017)

Purposes:

- To develop and recommend Quality Assurance policies and programs to the Council. This will include the development of Peer Assessment Review tools and processes.
- To create, update, and invigilate exams as needed; regulate CE credits being submitted by members; and execute random audits on CEs, as well as practices of members.

Update: The Quality Assurance Committee is currently working on the new Quality Assurance Program documents. It is anticipated that Peer Assessment Review tools and processes will be ready for implementation going forward in 2018/2019.

Chair: Leshia Ferguson

Members: Katherine Cheah and Tim Mrazek

Examination Invigilators

Regina Members: Laura Stark (Manip), Tim Mrazek (Acu) and Wendy Presant-Jahn (Phys Exam)

Saskatoon Members: Stephanie Liebrecht (Manip), Darlene Ahenakew (Acu) and Allison Fillatre (Phys Exam)

Legislative Committee (Best Practices Committee devolved into the Legislative Committee in 2016)

Purposes:

- To assess the governing legislation and bylaws for naturopathic medicine in Saskatchewan and to recommend improvements that meet the emerging needs of public health that would benefit from the naturopathic medical expertise and training of naturopathic doctors.
- To monitor and improve the safety of all therapies provided by registrants to patients in the Province of Saskatchewan; to ensure that policy and bylaws are appropriate with the chief aim to maintain the highest level of safety for patients; to create and modify policy so that it is easy to interpret and to follow; and to make quality assurance visits to registrant ND clinics to ensure that policy is being effectively maintained.

2017 was a busy year for our legislative and regulatory committee with the drafting of a Quality Assurance Policy and a broad set of Standards of Practice, including prescriptive rights. There has been extensive communication with other regulatory bodies in Saskatchewan and other provinces. We

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continue to communicate with the Ministry of Health and other stakeholders on the proposed bylaws that will accompany our new *Naturopathic Medicine Act*.

With the drafting of a detailed set of Standards of Practice, it is expected that 2018 will see the SANP begin both informal and formal consultations with other health profession regulatory bodies in Saskatchewan. The negotiations with the Ministry of Health officials and health profession stakeholders continues. Thank you, to all of our members who have contributed to this ongoing process. Thank you, to the naturopathic doctors who have volunteered their time to come to Saskatchewan and provide their legislative expertise, time and energy to our association.

Co-Chairs: Toby Bridgman and Amy Velichka (Saskatoon)

Members: Wendy Davis (Carlyle), Kahlen Pihowich (Saskatoon), Allison Fillatre (Saskatoon), Laura Stark (Regina), and supported by Ken Alecxe, Executive Director

Professional Conduct Committee

Purpose: As the governing body for assessing and certifying the credentials of naturopathic practitioners in Saskatchewan, the SANP has a strong due diligence process for ensuring that best practices and standards of conduct for naturopathic practice are observed. The Professional Conduct Committee (PCC) provides due diligence recommendations to the SANP Council on the disclosure and notification of public complaints.

Update: The PCC pursued two investigations of public complaints in 2017, with the second to be concluded in 2018. These complaints have not required referral to the Discipline Committee. We ask that all members regularly review our bylaws and policies to ensure they are acting within these guidelines, particularly in regards to patient relations and advertising.

Chair: Naomi Whelan (Saskatoon)

Members: Jon Bablad (Regina), Lynn Chiasson (Moose Jaw), Willow Langille (Saskatoon)

Financial Audit Committee

Purpose: To establish financial accountability between the Accountant and the Treasurer.

Update: Established in 2016 by the Council. The first accountability procedures for this committee will occur in 2018 in reflecting on the 2017 Fiscal Year.

Chair: Darlene Ahenakew (Saskatoon)

Members: Alana Barmby (Saskatoon) and Naomi Whelan (Saskatoon)

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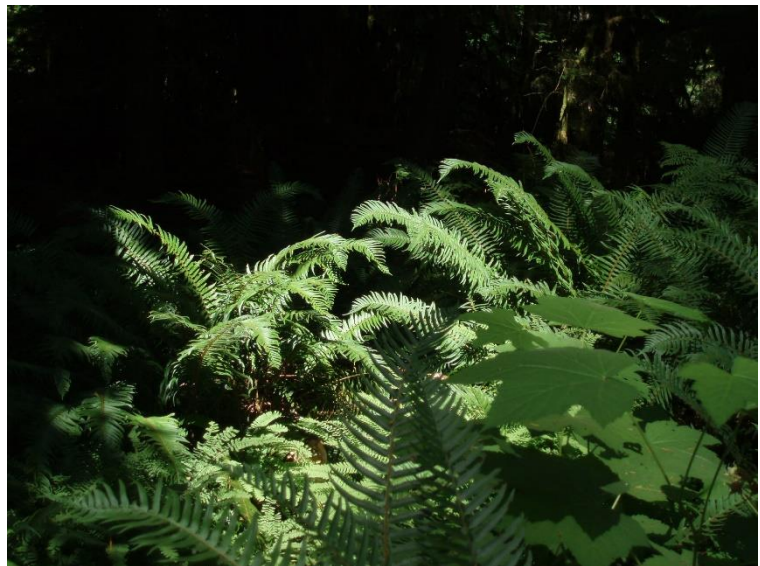
Discipline Committee

Purpose: Under the *Naturopathy Act*, the Discipline Committee works closely with the Professional Conduct Committee and conducts disciplinary procedures and hearings where required to address complaints and protocol breaches in naturopathic practice, and to make recommendations to the Council for redress.

Update: There were no disciplinary procedures or hearings required in 2017.

Chair: Doug Amell (Moose Jaw)

Members: Ed Mahon (Saskatoon), Peter Gleisberg (Warman), and Allison Fillatre (Saskatoon)



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SANP Council and Staff

Council Members:

President	Dr. Laura Stark (2015)
Vice President	Dr. Stephanie Liebrecht (2017)
Registrar	Dr. Vanessa DiCicco (2016)
Secretary	Dr. Kathleen Fyffe (2016)
Treasurer	Dr. Evan McCarvill (2017)

Past President Dr. Julie Zepp Rutledge (2015).

Executive Director Ken Alecxe



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What lies behind us and before us are tiny matters compared with what lies within us. -
Ralph Waldo Emerson

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Report from the Executive Director

- *The critical work of supporting the development of new administrative and regulatory bylaws continues. Consultation with the Ministry of Health and key health profession stakeholders has become a key component to this process. The new legislation received third reading and was passed in the Legislative Assembly in 2015 to implement a College system for the regulation of Naturopathic Doctors in Saskatchewan separate from the SANP. The legislation requires new sets of administrative and regulatory bylaws. The regulatory bylaws must be approved by the Minister of Health and must accurately reflect the scope of practice for NDs in three critical areas: prescriptive rights; medical laboratory access; and invasive procedures. In 2015, the Legislation Committee was established out of the Best Practices Committee to assist Council with the development of the new regulatory bylaws. This work is being supported by Ken Alecxe, Kahlen Pihowich, Laura Stark, and Toby Bridgman and Amy Velichka are the Co-Chairs.*
- *In 2017, Naturopathic Medicine Week was another great success, and has provided new educational opportunities to the public. The SANP is very appreciative that the Province of Saskatchewan and City Councils across the province all proclaimed Naturopathic Medicine Week 2017.*

The SANP has continued to expand its activities and is putting in place all the key tools needed to be an exemplary regulatory body as a professional health organization. The strategic direction of the SANP *Way Forward* is very promising, indeed, for enhancing the profession of naturopathic medicine and primary health care.

Sincerely yours,

Ken Alecxe

Executive Director

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Financial Summary

The financial picture of the Saskatchewan Association of Naturopathic Practitioners continues to be stable. Some of the accumulated retained earnings have been utilized toward developing the organizational and legislative capacity of the SANP. The Council continues to devote time and resources toward ensuring a very high level of confidence in our financial stewardship of the SANP resources.

These financial resources were augmented in 2017 by the extremely successful Healing Skies Conference held in Danceland at Lake Manitou in 2017. This accounts for the higher revenue and surplus retained earnings in 2017. As the Healing Skies Conference will occur every two years, the financial inflow of potential resources will be managed over a two-year financial horizon, instead of an annual assumption of continued revenue flows, as such.

A key objective of the last four years of *The Way Forward: SANP Strategic Plan 2014-2018* continued to focus on the development of draft regulatory bylaws for the *Naturopathic Medicine Act, Bill 172*, along with draft Standards of Practice. This required the assignment of resources to a consultant, Jacquie Messer-Lepage, for her services in reviewing and advising on the regulatory bylaws and Standards of Practice. There will be resources also assigned to the realization of the Saskatchewan Association of Naturopathic Practitioners as the College of Naturopathic Doctors of Saskatchewan, as provided by the new legislation.

Sincerely yours,

Dr. Evan McCarvill

Treasurer



***FINANCIAL
STATEMENTS***

(Financial Statements are delayed by the handover of the role of Treasurer from Jacqui Fleury to Evan McCarvill in 2017. The Financial Statements will be forwarded to the Members as soon as they are reviewed and developed in 2018.)

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Saskatchewan Association of Naturopathic Practitioners

BALANCE SHEET

As of December 31, 2017

	TOTAL
Assets	
Current Assets	
Prepaid Expenses	692.48
Undeposited Funds	150.00
Cash and cash equivalents	
TD Membership Committe	98,440.06
TD SANP	56,453.80
Total Cash and cash equivalents	\$154,893.86
Accounts receivable (A/R)	
Accounts Receivable	800.00
dues	0.00
Total Accounts receivable (A/R)	\$800.00
Total Current Assets	\$156,536.34
Total Assets	\$156,536.34
Liabilities and Equity	
Current Liabilities	
accrued liabilities	5,990.50
GST Payable	457.85
Accounts Payable	
Accounts Payable	0.00
Total Accounts Payable	\$0.00
Total Current Liabilities	\$6,448.35
Equity	
Opening Bal Equity	59,834.63
Retained Earnings	32,074.53
Profit for the year	58,178.83
Total Equity	\$150,087.99
Total Liabilities and Equity	\$156,536.34

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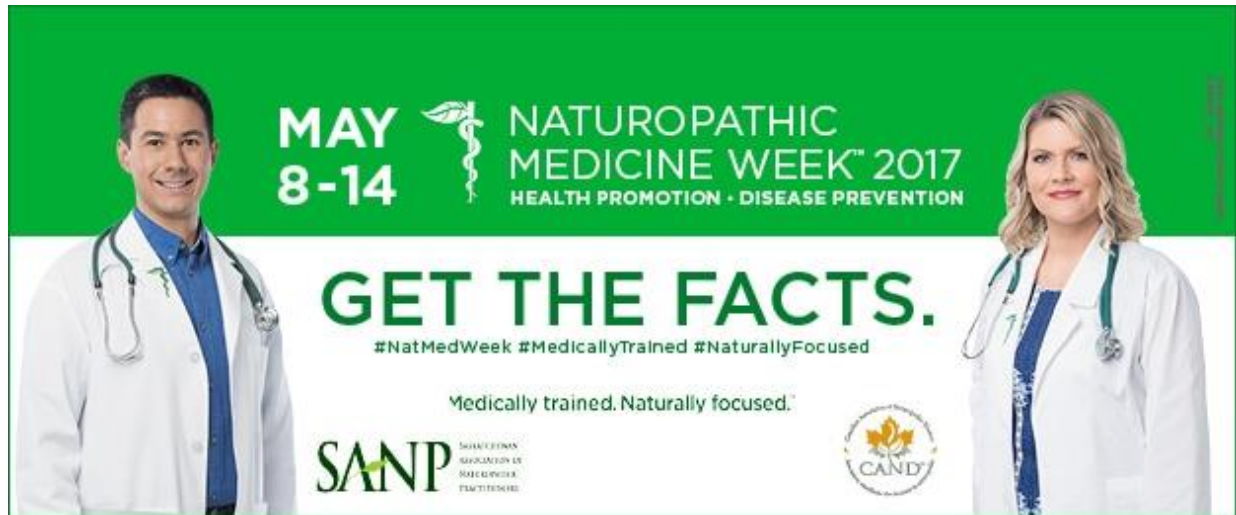
Saskatchewan Association of Naturopathic Practitioners

PROFIT AND LOSS

January - December 2017

	TOTAL
Income	
Conference Income	62,363.33
Interest Earned	4.95
Licenses & Dues	0.00
National Membership Dues	15,781.82
SANP Licensing Fee	44,575.00
Total Licenses & Dues	60,356.82
Miscellaneous Income	700.00
Membership Contributions	6,371.50
Sponsorships	1,400.00
Total Miscellaneous Income	8,471.50
Total Income	\$131,196.60
GROSS PROFIT	\$131,196.60
Expenses	
Advertising	394.25
Bad Debt	1,792.00
Bank Charges	203.97
CAND Dues	16,380.00
CAND Ad Campaign	5,932.50
Total CAND Dues	22,312.50
Conference Expenses	29,830.11
Exam Invigilation	150.00
Marketing	1,169.83
Minister of Finance Expense	0.00
Office Expense	39.29
Photo Copying & Printing	8,566.23
Postage & Delivery	273.18
Total Office Expense	8,878.70
Professional Fees	0.00
Accounting	2,997.00
Consulting	2,400.00
Total Professional Fees	5,397.00
Supplies	0.00
Office	55.70
Total Supplies	55.70
Telephone	420.27
Travel Expenses	144.74
AGM Expenses	1,647.09
Board Training	397.11
Food and Accomodations	68.67
Fuel and Mileage	155.83
Total Travel Expenses	2,413.44
Total Expenses	\$73,017.77
PROFIT	\$58,178.83

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